

Are you aware of the chemicals used to clean in your children's school?

Many schools use harsh-toxic chemicals to clean surfaces that your children will touch every day. Most of these chemicals have warning labels such as: keep out of reach of eyes, keep out of reach of children, do not mix with other substances, or warning flammable. There are non-toxic methods of cleaning schools that are proven to be just as effective. A category of non-toxic cleaners is called bio-enzyme. This type of cleaner uses enzymes to speed up a biological reaction that results in the elimination of harmful bacteria and odors. Which type of cleaner does your children's school use?

Do you know the top three most toxic substances commonly kept in homes?

- 1) Drain cleaner
- 2) Furniture polish
- 3) Metal polish

Does your household already have ingredients to make non-toxic alternative cleaning products?

Finding a trust worthy non-toxic and biodegradable cleaner for your home can be a challenge. Thankfully, it is really easy and simple to make your own with common items you probably already have in your home. Most homemade cleaners and metal/furniture polishes can be made with a combination of these 5 ingredients:

- 1) Water
- 2) Baking Soda
- 3) Vinegar
- 4) Lemon Juice
- 5) Salt